

# Upper Limb Training Course - South UK

Tuesday 3rd & Wednesday 4th October 2017,  
Long Terms Conditions Centre, Harold Wood

Come along to the Steeper Upper Limb Training course to learn new techniques, share best practice and receive education on a wide range of upper limb practical skills for prosthetists, OTs and technicians. See overleaf for the full agenda.



## Suitable for:

- All clinicians practising or wanting to practise upper limb prosthetics/rehabilitation
- All technicians with an interest in this area.

**Please bring:** your own case study, presentation or example of work for inclusion in the sharing best practice sessions.

**To apply:** include case study details on the training application form & send to: [vickyjarvis@steepergroup.com](mailto:vickyjarvis@steepergroup.com).

Watch out for a second course in the North later this year.

## Agenda: Tuesday 3rd October

Time	Item							
08:30	Welcome & coffee (Pamela Anderson/Vicky Jarvis)							
09:00	Pressure casting theory (Lynzy Holding & Terry Moore)							
10:30	Refreshment break							
10:45	Casting/manufacturing session							
	<table border="1"> <thead> <tr> <th>Prosthetists: split into 2 groups, each taking</th> <th>Technicians</th> <th>Occupational Therapists</th> </tr> </thead> <tbody> <tr> <td>Pressure casting demonstration and practical</td> <td rowspan="2">Upper limb manufacturing techniques; Dave Scott</td> <td rowspan="2">Content TBC to include myoelectric and upper limb outcome measurement</td> </tr> <tr> <td>Alginate partial hand/digit casting demonstration/practical</td> </tr> </tbody> </table>	Prosthetists: split into 2 groups, each taking	Technicians	Occupational Therapists	Pressure casting demonstration and practical	Upper limb manufacturing techniques; Dave Scott	Content TBC to include myoelectric and upper limb outcome measurement	Alginate partial hand/digit casting demonstration/practical
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12:30	Lunch							
13:00	Rectification/manufacturing session							
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15:00	Trans-humeral; casting methods, suspension options and components (Morven McAllinden)							
16:00	Sharing Best Practice session 1 with case study presentations/group discussion							
17:00	Finish							

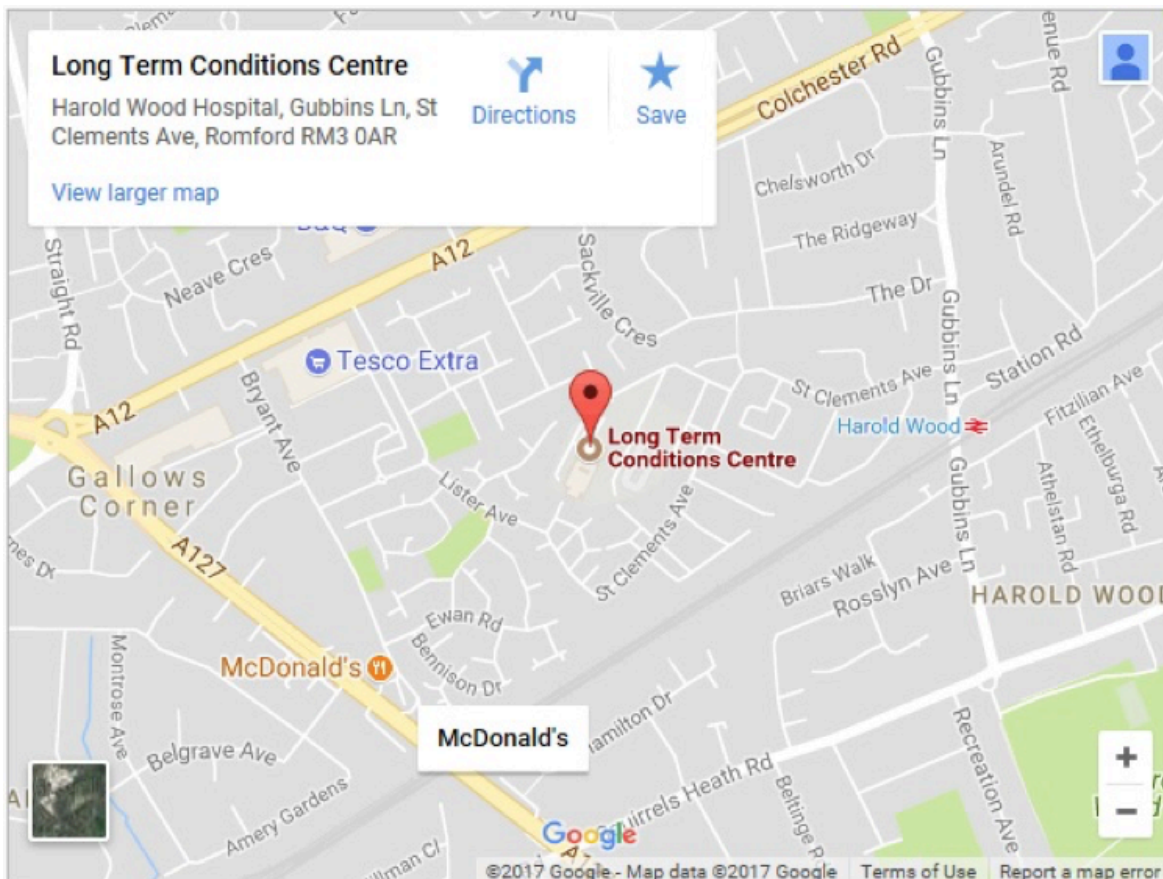
## Agenda: Wednesday 4th October

Time	Item
08:30	Upper limb components (Dawn Henderson)
	Prosthetists
09:30	Outcome measures
10:30	Sharing Best Practice session 2 - case study presentations and group discussion
12:30	Lunch
13:00	Practical session: pressure cast socket fittings
14:30	Reflection and discussion of fittings, feedback and proposal for future support of upper limb prosthetists
15:00	Close
	Technicians
09:30	Upper limb manufacturing techniques (Dave Scott & Terry Moore)
12:30	Lunch
15:00	Close

## Travel & Accommodation

**Course location:** The course will be held at the Long Term Conditions Centre at Harold Wood; please see the map and directions below.

Long Term Conditions Centre  
St Clements Avenue  
Off Gubbins Lane  
Harold Wood  
Romford  
Essex  
RM3 0AR



Accessible by train; Harold Wood station is approx 20 mins walk with regular connections to Liverpool Street.

Please ensure that you register your vehicle details at reception when you arrive to avoid being fined for parking.

**Accommodation:** If you require accommodation this will be arranged at the Premier Inn Brentwood, easily accessible by car or train.

<http://www.premierinn.com/gb/en/hotels/england/essex/brentwood/brentwood.html>

**Refreshments:** All refreshments will be provided through the day and a group meal will be arranged for Tuesday night.

**Please confirm any accommodation and dietary requirements on your application form.**