The Relax 3C Cushion liner provides a pain relieving effect from phantom limb pain, phantom limb sensation and idiopathic residual limb pain. This is due to the metallurgical knitted fabric (Umbrellan) in the cover and liner matrix screening against electromagnetic influences.
Electromagnetic shielding: As evidenced in Fisher K, Oliver S, Sedki I, Hanspal R. The effect of electromagnetic shielding on phantom limb pain: A placebo-controlled double-blind crossover trial. Prosthetics and Orthotics International. 2015.


Features and Benefits


Residual Limb Suitability


Ordering Information


## Determining the size

1. Measure the circumference of he residual limb 4 cm above the distal end of the residual limb.
Attention: Bony structures (e.g end of the tibia) must be included in the circumference. If the distal tibia is not located within the above measurement, measure
higher than 4 cm above the distal higher than 4 cm above the 2. The circumference minus 0-1 liner size determines the size to be
ordered.

Determining the matrix

1. Measure the distance from the distal end of the residua limb to the head of the fibula
2. Attention: The matrix must not protrude beyond the head of the fibula.
Notes on trimming
3. The matrix must not be cut
4. The trim line for a lower leg prosthesis should lie at least 10 cm above the region of the socket edge.
5. Use the Össur pinking scissors for trimming (Part No. N1950006)

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1-1-1-x
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## Selection Guidelines

Indications

- Idiopathic Limb Pain
- Phantom Limb Pain
- Phantom Sensations

Contraindications
The contraindications listed below are situations in which the Össur RELAX Liner does not show any signs of effect.
Vascular Residual Limb Pain

- Proliferative Residual Limb Pain

Technical Information


Replaceable With:


| Material | Silicone, transparent |
| :--- | :--- |
| Proprioceptive 2-zone matrix, |  |
| internal $10+3 \mathrm{~cm}$ |  |$|$| Approx 35 cm |  |
| :--- | :--- |
| Matrix | Transtibial |
| Length | Amputation Level |
| Distal Connector | None |
| Items Included | Silicone glue, Össur washing and <br> drying stand |
| W |  |

Össur Lin
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