

# Wear & Care Instructions

## Shaped Foam Neck Collar

Steeper manufactures a quality range of orthotic products and to help you care for the product, this leaflet provides information on how and when to use your prescribed orthosis, how to care for it and how to contact us if you have a problem or require a replacement.

#### Care & Cleaning

Product should be air-dried, do not use high temperatures to wash or dry. Close all contact closures and hand wash in warm water with mild soap.

### **Applying the Orthosis**

- 1. Identify curve on cervical collar.
- 2. Place the curved section underneath the chin whilst ensuring the hook section is away from the skin.
- 3. Wrap cervical collar around neck.
- 4. Attach loop to outwardly facing hook section to the desired comfort level.

#### **IMPORTANT**

The advice and information contained in this document is not intended as a substitute for medical counselling. If you have any questions about treatment for a specific condition, please check with a health care professional.



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